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भारत सरकार
Government of India
युवा कार्यक्रम एवं खेल मंत्रालय
Ministry of Youth Affairs & Sports
एन.एस.एस. क्षेत्रीय निदेशालय
N.S.S. Regional Directorate

शास्त्री भवन, बी विंग,
Shastri Bhawan, B Wing,
IV ब्लॉक, IV फ्लोर,
IV Block, IV Floor
हाडोस रोड, नुंगम्बाक्कम,
चेन्नै - 600 006.
Haddows Road,
Nungambakkam,
Chennai - 600 006.

F.No.2-111/SFU/2020-21/NSS-1049

Date : 17.02.2021.

To
Dr.Chitraa R. Chandran,
Principal,
Tagore Dental College & Hospital,
Rathinamangalam, Vandalur Post,
Mahalingapuram,
Chennai - 600 127.

Sub: Self Financing Unit (SFU) of NSS in Educational Institutions-Approval - reg.
Ref: Your Proposal Dt.29.01.2021.

Sir/Madam,

I am to refer to the above and to convey the approval of Self-Financing NSS Unit (SFU) in your Institution. The approval is provisionally based on the recommendations by the Committee constituted for the purpose, subject to the following conditions:-

1. The Unit may be commissioned to function from the academic year 2020-21.
2. You are advised to run the Self Financing Unit as per the guidelines from Govt. of India which are updated from time to time. Copy of the SFU Guidelines are enclosed)
3. **One NSS Unit** for your Institution is approved for **3 years up to March, 2023** subject to satisfactory performance of NSS activities. The same will be renewed by the Regional Directorate after three years on the basis of the review of the NSS Unit performance and recommendation of the University Advisory Committee.
4. The Officer/official from Regional Directorate of NSS, Chennai, Tamil Nadu State NSS Cell and Concerned University may visit your college/institution for inspection /necessary assessment of performance of the Self-Financing NSS Unit (SFU) and maintenance of relevant records, attendance of volunteers participation, activities report etc..
5. Send monthly/periodic NSS activities reports with relevant photos to the email addresses nssrdchennai@gmail.com, nsstnslo@gmail.com & dys@tnmgramu.ac.in

You are therefore requested to adhere to the guidelines of Govt. of India as followed for the fully Government funded NSS Units. The Withdrawal of the SFU from your Institution is entirely rest with the Committee constituted for the purpose.

Encl: The Operational Guidelines (sent by e-mail)

Yours faithfully,

(Dr.C.SAMUEL CHELLIAH)
REGIONAL DIRECTOR

Copy to:

1. Tmt.M.Shanthi, Prog. Coordinators, The T.N.MGR Medical University, Chennai.
(dys@tnmgramu.ac.in)
2. The State NSS Officer, Tamil Nadu State NSS Cell, Chennai.(nsstnslo@gmail.com)



TAGORE DENTAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai -600 127, Ph: 30102222

Recognized by The Dental Council of India, New Delhi

Affiliated to the Tamilnadu Dr. M.G.R. Medical University, Chennai.

NATIONAL SERVICE SCHEME

nss@tagoredch.in

LT REF NO: NSS – CIR/2021/002

Date: 15-4-2021

CIRCULAR

The NSS Committee Meeting will be held on **21.04.2021 (Wednesday)** at 11.30 am in the Library.

All the committee members are requested to attend the meeting without fail.

[Handwritten signature]
15/4/21

Dr. Chitraa R. Chandran
President

Dr. Vaishnavi. S
Chairman

Dr. Narasimman
Member Secretary

Dr. Tamizhesal
Member


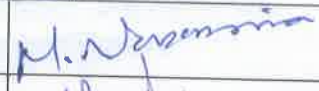
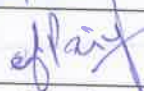
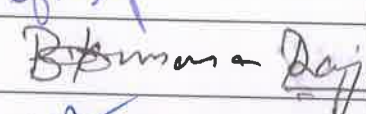

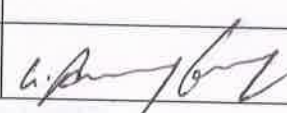
Dr. Lakshmi Priya
Member

Dr. Nivedha Subburaman
Member

Dr. B.Kumararaja
Member

Dr. Manoj Kumar
Member

Mr. Ananthkrishnan
Member

S.NO	Name of the member	Signature
1	Dr. S. Vaishnavi	
2	Dr. Narasimman	
3	Dr. Lakshmi Priya	
4	Dr. B. Kumara Raja	
5	Dr. Tamizhesai	
6	Dr. Nivedha	
7	Dr. Manoj Kumar	
8	Mr. Anantha Krishnan	



TAGORE DENTAL COLLEGE & HOSPITAL

Date: 12.08.2019

CIRCULAR

The NSS Committee Meeting will be held on **16.08.2019(Friday)** at **11.30 am** in the prosthodontics seminar hall. I request all the committee members to attend the meeting without fail.


12/8/19
PRINCIPAL

TAGORE DENTAL COLLEGE AND HOSPITAL
Rathinamangalam 600 127

NATIONAL SERVICE SCHEME - MINUTES OF MEETING

MINUTES OF MEETING

The NSS Committee Meeting was held on **16.08.2019 (Friday)** at 11.30 am in the Prostho seminar hall. The following points were discussed.

The minutes were as follows

- Welcome note and introduction
- The minutes of the previous meeting conducted on **10.04.2019 (Wednesday)** was read and confirmed.
- Actions taken against decision of the previous meeting was reported and discussed.
- Reports of program conducted after last meeting were submitted.
- Feasibility to conduct free denture camp was discussed.
- Feasibility to conduct anti-obesity day among school children's was discussed.
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- Response of world tobacco day celebration among general public were discussed.
- Arrangements for hepatitis –B vaccination program on September and November were reviewed.
- Vote of thanks

LIST OF PROGRAMS CONDUCTED:

S. No	Date	Name of the program	Department organized	Number of participants
1.	31-05-2019	WORLD NO TOBACCO DAY	Department of public health dentistry & Department of oral and maxillofacial surgery	General public
2.	11-06-2019	HEPATITIS B VACCINATION	Department of oral surgery	9
3.	31-07-2019	ORAL HYGIENE DAY CELEBRATION	Department of Periodontics	General public

- **WORLD NO TOBACCO DAY CELEBRATIONS**

The program was structured with the following events:

1. **Anti-tobacco awareness to the patients through audiovisuals and posters:**

The CRRI students actively took initiative in projecting educational videos and short films to the patients visiting Tagore Dental College and Hospital, on the hazards of tobacco and the harmful effects of second- and third- hand smoking on health. The videos also deliberately explained the ways to quit tobacco smoking and its benefits on health.



2. Questionnaires using google forms on the knowledge of tobacco and its health hazards through social media:

We attempted a novel approach of creating awareness by using social media. Questionnaire was shared through social media (Facebook and whatsapp) using Google forms on the knowledge, attitude and views of general public about tobacco. Also, the opinion of public acts on tobacco were assessed. The questionnaires reached around 500 participants and exhibited a good response.

Contact Information

Please provide your opinion for the following list of questions

Have you ever noticed information about tobacco hazards in newspapers / magazines or televisions?

Yes

No

Have you ever noticed any health warnings on cigarette packets?

Yes

No

Have you ever noticed warning ads/signs in a shop promoting tobacco use?

Yes



3. A table top experiments and demonstrations:

Table top experiment comparing the smoker's lung with a healthy lung was performed. Another experiment aimed at demonstrating the tar deposits of cigarette on a plastic bottle contained with water and eventually collecting it using a tissue paper. Also, explanations focusing the components of cigarette and its effects on health were provided. The patients at the college premises were astounded after the demonstrations and gave positive feedbacks on quitting tobacco.



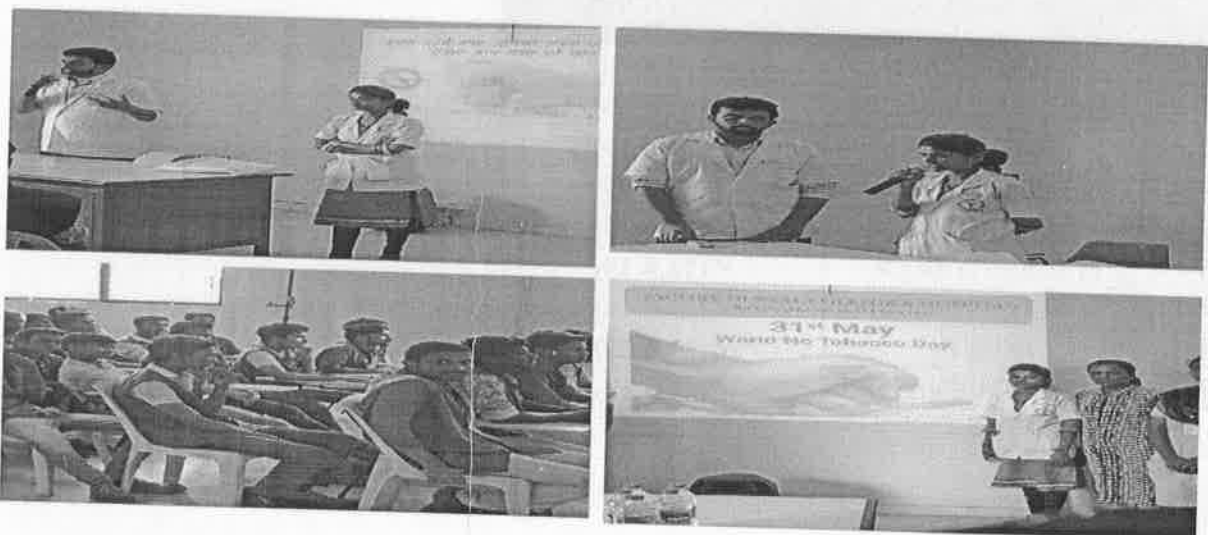
4. Human Chain Formation – Anti-tobacco rally in association with IDA:

The students and the staffs of the department in association with IDA Madras exhibited “Human Chain Formation” as a part of anti-tobacco rally at Elliot’s beach and created awareness on the importance of quitting tobacco use to the general public.



5. Awareness Camp at Rialto industry, Rathinamangalam village, Chennai

The Department also managed to conduct an awareness camp for around 200 company workers at Oral B campus, Rathinamangalam where the hazards of smoking and its effect on lung and oral cancer were emphasized.



6. Oral Cancer awareness and screening Camp at Koyambedu Market and depot, Chennai

Department of oral and maxillofacial surgery organized oral cancer awareness and screening program at koyambedu Bus depot with a team of 3 Faculties, 2 Post Graduate students, 15 Interns and 1 Staff Nurse and 115 patients were benefitted. Parallely, screening program at koyembedu market with 3 Faculties, 2 Post Graduate students, 15 Interns and 1 Staff Nurse was organized and 80 patients were benefitted through this Screening camp.



• HEPATITIS B VACCINATION

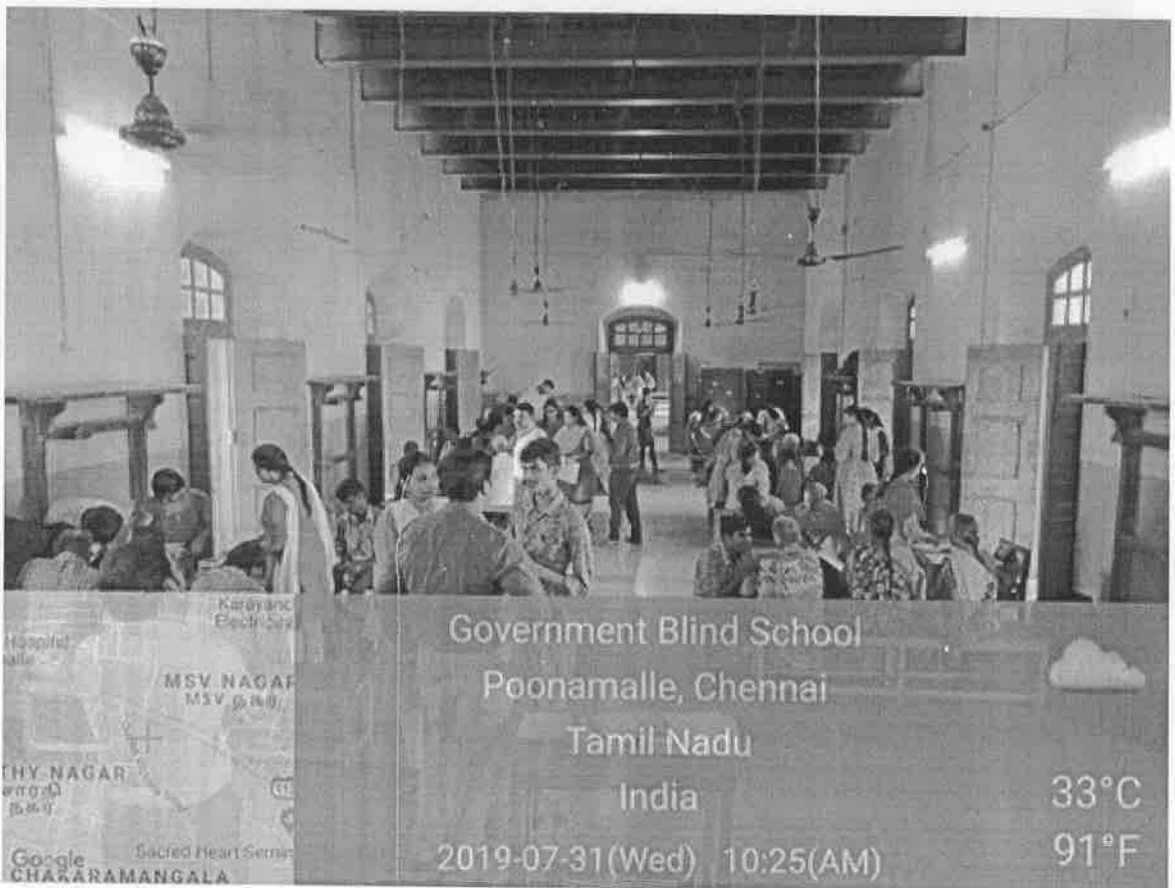
S.No	Name of the Students	DOSE - 2(4.6.19)
1	PAARTHIEBAN	✓(11.6.19)
2	MARLIYA PARVEEN	✓(11.6.19)
3	JOESHITHA	✓(11.6.19)
4	HAASINI	✓(11.6.19)
5	MOUNIYA	✓(11.6.19)
6	MAGESHWARIN	✓(11.6.19)
7	SANGILIVIGNESH	✓(11.6.19)
8	ROHIT	✓(11.6.19)
9	JOSHMITHA	✓(11.6.19)

- **ORAL HYGIENE DAY CELEBRATION**

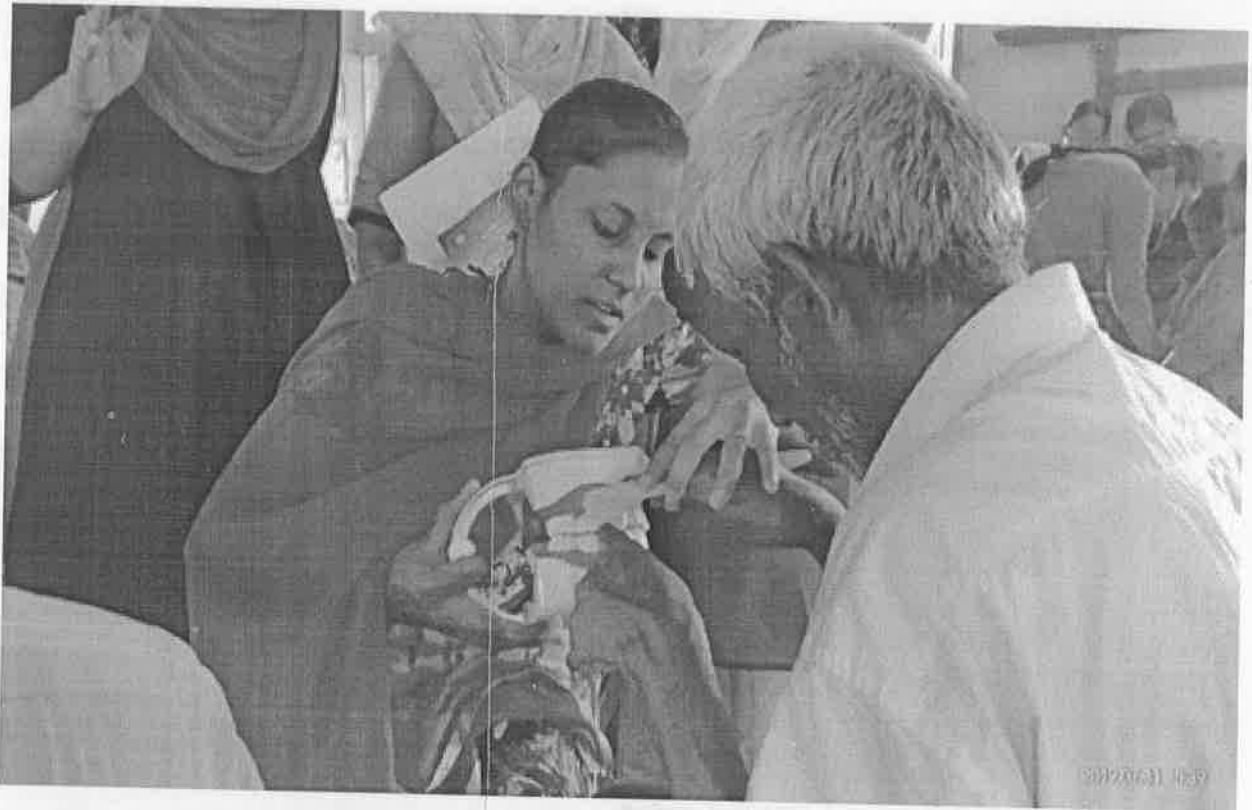
The Department of Periodontics, Tagore Dental College celebrated Oral Hygiene Day on Wednesday, 31.07.19 under the guidance of Dr. Chitraa R Chandran, Principal and Head (Periodontics), Tagore Dental College.

31.07.2019 - Oral Health Awareness Programme

The Department of Periodontics, Tagore Dental College organized an awareness programme on oral hygiene for visually challenged students and residents of **Government Blind School, Poonamallee**. The event was focused on creating oral hygiene awareness among visually challenged people and educating them on proper oral hygiene maintenance.



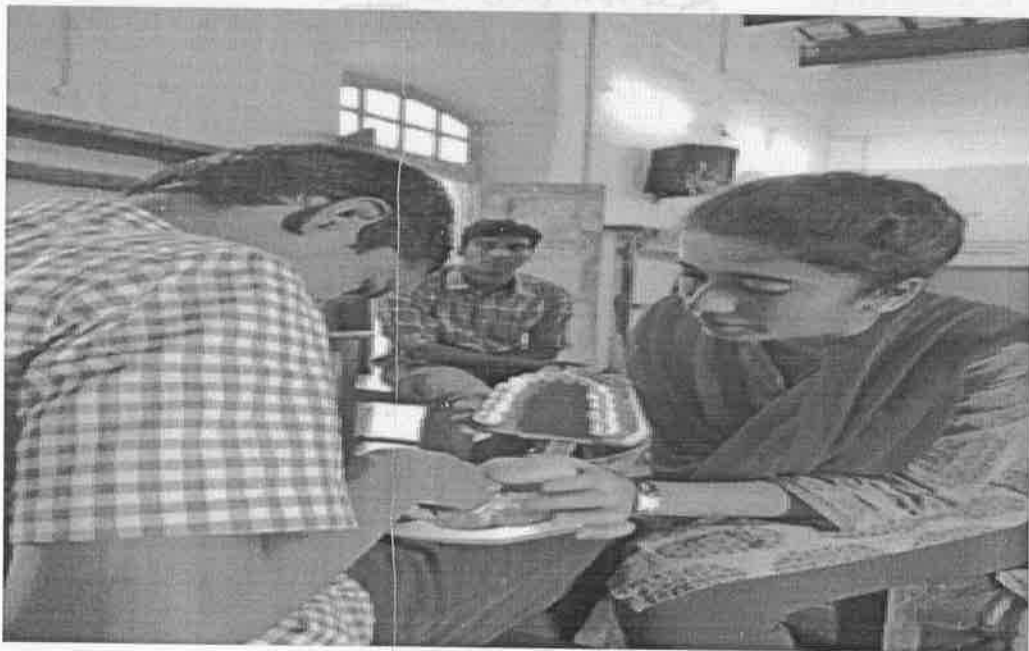
The interns were divided into small groups so that they can effectively interact and provide education to all students and inmates. The participants got individual attention and could focus better when they were handled in small groups. Students from Classes I to XII and elderly inmates participated in the programme.



The programme was started by introducing them to the various oral hygiene instructions and brushing techniques. Instructions were written in their native language Tamil and translated in Braille for the visually challenged people to read by themselves and understand better. Inmates with partial vision were provided with pamphlets in English and Tamil to read and the interns also read out instructions for them to understand the need of oral hygiene maintenance.





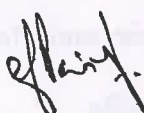

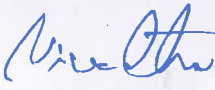


A Tamil audio clip reiterating the importance of proper oral hygiene maintenance was provided which the participants could individually hear using headphones. This methodology was effective for the participants who could not read Braille.



3D models were used to provide a demonstration of proper tooth brushing technique (Fones technique) which the participants could touch and understand better. The interns manually guided the participants to grasp the tooth brush and perform the proper brushing technique on the 3D models by themselves.

Members present

1. Dr. Parthiban 
2. Dr. Narasimman 
3. Dr. Delfin Lovelina Francis 
4. Dr. Jai Santhosh Manikandan 
5. Dr. Lakshmi priya 
6. Dr. B. Kumara Raja 
7. Dr. Nivedha suburaman 
8. Mr. Ananthakrishnan 